

# ALLERGY PARTNERS<sup>®</sup>

Some Medications can interfere with allergy skin testing. To obtain the most accurate results, **please stop antihistamines used for allergy treatment as noted below prior to New Patient Appointments or other visits if you plan to have allergy skin testing.** If you have a question about whether it is safe for you to stop your antihistamine, please contact your prescribing physician.

## PLEASE STOP THE FOLLOWING MEDICATIONS FOR 7 DAYS PRIOR TO YOUR APPOINTMENT

Cyproheptadine (Periactin)	Desloratadine (Clarinex)	Hydroxyzine (Atarax/Vistaril)
Levocetirizine (Xyzal)		

## PLEASE STOP THE FOLLOWING MEDICATIONS FOR 5 DAYS PRIOR TO YOUR APPOINTMENT

### **Sedating Allergy Medications (All Forms)**

Advil Allergy	Carbinoxamine	Extendryl
Alahist	Chlorpheniramine	Ketotifen
AlleRX	Clor-Trimeton	Palgic
Allergy Relief Medication	Diphenhydramine ( <b>Benadryl</b> )	Polyhistine
Brompheniramine (Bromfed)	Doxylamine	Pyrilamine (also found in Midol)
Tylenol Allergy		

### **Non-Sedating Allergy Medications (All Forms)**

Cetirizine (Zyrtec, Wal-Zyr)	Fexofenadine (Allegra)	Loratadine (Claritin, Alavert)
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### **Nasal Sprays**

Azelastine (Astelin, Astepro)	Dymista	Olopatadine (Patanase)
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### **Stomach Acid Reducers**

Cimetidine (Tagamet)	Famotidine (Pepcid)	
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### **Cough/Cold /Sinus Remedies**

Actifed	Dimetane	Semprex-D
Advil Cold/Sinus	Dimetapp	Sinutab
Aleve Cold	Drixoral	Sudafed Cold + Allergy
Alka Seltzer Plus/Cold	Norel SR/MD	Tanafed
Allerest	Nyquil	Theraflu (All forms)
BC Cold Powder	Pediacare	Time Hist
Benylin Cough	Percogesic	Triaminic (All forms)
Comtrex	Phenyltoloxamine	Tussionex
Contac	Robitussin (many forms)	Tylenol Cold+Sinus
Coricidin	Rondec	Vicks 44 M
Co-Tylenol	Rynatan/R-Tannate	Zicam

### **Sleep Aids**

Advil PM	Doxylamine	Nytol
Alertec (Modafinil)	Excedrin PM	Sominex
Doxepin (Sinequan)	Night Time Sleep Aid	Tylenol PM/Tylenol Sleep

### **Anti-Nausea/Vertigo Medications**

Chlorpromazine	Meclizine (Antivert)	Promethazine (Phenergan)
Dimenhydrinate (Dramamine)	Prochlorperazine (Compazine)	

### **Allergy Eye Drops:**

Alcaftadine (Lastacaft)	Azelastine (Optivar)	Bepotastine (Bepreve)
Epinastine (Elestat)	Ketotifen (Zaditor, Alaway, Zyrtec)	Olopatadine (Patanol, Pataday, Pazeo)

**Itch Relief Medications:** Diphenhydramine (**Benadryl**)

**Others:** Cyclobenzaprine (Flexeril)

Baclofen

Some other medications may also interfere with allergen skin testing **but you should continue to take them UNLESS the prescribing physician/clinician tells you it is safe to stop them for 5 days prior to your appointment.** Your Allergy Partners provider will discuss testing options at your visit if you have not been cleared to stop these medications:

**Tricyclic Antidepressants**

Amitriptyline  
Doxepin (Sinequan)  
Protriptyline

Amoxapine  
Imipramine (Tofranil)  
Trimipramine

Desipramine (Norpramin)  
Nortriptyline (Pamelor)

**Benzodiazepines**

Alprazolam (Xanax)  
Clorazepate (Tranxene)  
Flurazepam (Dalmane)  
Oxazepam (Serax)  
Quazepam (Doral)

Chlordiazepoxide (Librium)  
Diazepam (Valium)  
Lorazepam (Ativan)  
Temazepam (Restoril)

Clonazepam (Klonopin)  
Estazolam (Prosom)  
Midazolam (Versed)  
Triazolam (Halcion)

**Others:**

Mirtazapine (Remeron)

Quetiapine (Seroquel)

**Do not use oil, cream or lotion on the back or arms for 24 hours prior to skin testing.**

**Please continue taking all of the your other medications as prescribed including:**

- Antibiotics
- Antidepressants
- Asthma Medications including inhalers, nebulizer solutions, Montelukast (Singulair) and Zafirlucast (Accolate)
- Blood Pressure Medications
- Cholesterol Medications
- Decongestants
- Heart Medications
- Injectable Medications
- Nasal Sprays- **Except** Astelin/Astepro/Patanase and Dymista
- Steroids such as prednisone, prednisolone, solumedrol
- Thyroid Medications

**Do not stop these medications without the approval of your physician.**

**Please call your local Allergy Partners office with any questions about these lists.**